

Sportline Step Counter User Guide

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Sportline Step Counter User Guide

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Sportline is a Yonkers, New York, company that produces devices to manage exercise effectiveness and distance. The company website notes that it is the global leader in fitness monitoring instruments. Pedometers track your activity as you walk.

Instructions for Setting a Sportline Pedometer ...

Sportline 330 User Manual. Pedometer ... Talking calorie counter pedometer (1 page) Pedometer Sportline 345 Instructions. Step, distance & calorie pedometer (2 pages) Pedometer Sportline 355 PULSE Quick Manual (2 pages) Pedometer Sportline Walking Advantage 342 Instruction Manual.

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Sportline 340 Distance Step Counter. Need a manual for your Sportline 340 Distance Step Counter? Below you can view and download the PDF manual for free. There are also frequently asked questions, a product rating and feedback from users to enable you to optimally use your product. If this is not the manual you want, please contact us.

Manual - Sportline 340 Distance Step Counter

1. The default goal is 99999 steps in Count Up Mode. Press the RESET button to turn your pedometer on. If you do not wish to set a goal, the pedometer will count up to 99999 before beeping to indicate that you've reached your goal. At any time you can. press the MODE button to toggle to the Count Down Mode.

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Sportline pedometers come in a range of different models, from basic step counters to multiple data monitors. After extended use, the digital display of the pedometer may start to fade or no longer be visible, indicating a battery replacement is needed. Most Sportline pedometers function with a CR2032 lithium battery, ...

How to Change the Battery in a Sportline Pedometer | SportsRec

Jun 22, 2018 sportline step and distance pedometer manual. sportline pedometer 1070 instructions. sportline pedometers. sportline fitness pedometer 360 PEDOMETER. USER GUIDE. /INSTRUC. TION MANUAL. Congratulations on your purchase of a Sportline 340 P edometer. The 340 P edom- eter features a

Sportline pedometer 1070 instructions - My Great Neighbor

If you're unsure of whether your pedometer requires this information, consult its operating manual. To find your average step length , grab a tape measure, start walking in a straight line, stop suddenly at a random step (like, for instance, step number seven), and measure the distance between the heels of your feet.

How to Use a Pedometer: 13 Steps (with Pictures) - wikiHow

Download Operation & user's manual of Sportline 343 Pedometer for Free or View it Online on All-Guides.com. Brand: Sportline. Category ... 343 T ALKING CALORIE COUNTER PEDOMETER. PEDOMETER FEATURES: ... (Step, Distance, Calories and Time) simultaneously while ...

Sportline 343 Pedometer Operation & user's manual PDF View ...

User manual - a document that contains rules, advice, cautions and warnings regarding the safe and correct using of described products. Knowledge of basic provisions of the manual - is the ability to avoid malfunctions, failures and breakdowns of Pedometer equipment.

Pedometer Manuals and User Guides - Guidessimo.com

Sportline 310 Qlip Any-Wear Pedometer For Counting Step, Distance, And More- Can Clip To Your Shorts, Slip In Your Pocket Or Wear On Your Sleeve 3.0 out of 5 stars 42 \$39.99 \$ 39 . 99

Amazon.com: sportline pedometers

To fi nd out what your stride is, walk or run 10 steps and then measure the dis- tance with a tape measure from the fi rst step's toe to the 10th step's toe. 2. Divide your total distance by 10 to get your average stride length. 3.

1- INTRODUCTION USER GUIDE

Sportline_step_counter_user_guide Oct 26, 2020 Sportline_step_counter_user_guide SC2 Digital Pedometer Setup SC2 Digital Pedometer Setup by OZO Fitness 3 years ago 4 minutes, 16 seconds 25,966 views How to setup the OZO Fitness SC2 Digital Pedometer. Watch our Follow-Along video while we walk you through all the , steps , of ...

Sportline step counter user guide| - Legacy

walking image by Galyna Andrushko from Fotolia.com The Sportline 340 pedometer is a small, lightweight fitness tool that keeps accurate track of your steps and distance. This pedometer adjusts to fit your unique, personal stride, and accurately measures your steps up to 99,999, and your distance up to 1,000 miles.

The Instructions for the Sportline 340 Pedometer | SportsRec

Simple yet effective, the tiny, ultra-lightweight Sportline 330 Step Count Pedometer is great for all walkers and hikers. It features a clear translucent gel design with a see-through flip cover that protects the buttons during activity. Perfect for your 10,000-step a day exercise program, it's suitable for walkers, hikers, and joggers.

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