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The Seven Principles for Making Marriage Work. John M. Gottman and Nan Silver - summary Gottman, John; Silver, Nan (1999). The Seven Principles for Making Marriage Work. Crown Publishers imprint (Three Rivers Press). Chapter 1 - inside the Seattle Love Lab: the truth about happy marriages

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Gottman's seven  
principles are the  
ceilings, floors, and  
framing of what he  
calls the "Sound  
Relationship House."  
The load-bearing walls  
of...

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published in 1999,  
continues to deal out  
what the title promises  
in its most recent  
edition. Gottman, a  
therapist and writer,  
founded the Gottman  
Institute with the aim  
of applying a research-  
based approach to  
marriages and has  
spent many years  
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Making Marriage Work,  
his most popular book,  
Gottman discusses  
behaviors that he  
observed in marriages  
that are successful and  
those that are  
detrimental to  
marriage, based on

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research conducted at  
his "Love Lab" in  
Seattle, Washington.

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